



**Windward Bound Sailing Camp for Women**  
***Promoting the Joy of Sailing Among Women***  
**Houston Yacht Club**  
**June 5 - 8, 2019**

Windward Bound Sailing Camp is an opportunity to learn, expand, and enhance your knowledge and skills in sailing. Instructors are accomplished women sailors with years of experience in cruising, racing, and teaching other women to sail.

Windward Bound Camp is held at the Houston Yacht Club, the oldest yacht club in Texas, known throughout the country for its award-winning youth sailing program, experienced race management and hospitality. The camp format is residential, experiential, concentrated, objective-oriented and features small group instruction with individualized attention.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_  
City & State \_\_\_\_\_ Zip \_\_\_\_\_  
Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_  
E-Mail \_\_\_\_\_  
HYC Member \_\_\_\_\_ Member Number: \_\_\_\_\_  
Non-Member \_\_\_\_\_ Other Club Affiliation (Optional): \_\_\_\_\_

Please circle the camp level that is right for you:

**Force 1 (Beginners):** Great for first-time sailors or those of you that need a refresher on the basics! We will focus on terminology, rigging, boat handling skills, sailing theory, and becoming comfortable and confident on the water. Our enthusiastic instructors guide sailors through hands on lessons and adventures making time on the water enjoyable and safe.

**Force 2 (Intermediate):** After mastering the basics of sailing, our Flamingo group will continue to sharpen their rigging, boat handling and terminology skills. In addition to becoming more comfortable with your beginner knowledge, you will also be introduced to detailed lessons on wind and waves and how they relate to your boat. Intermediate sailing is taught with a greater emphasis on the sailor's self-reliance; we expect that once the course is completed, the sailor can rig, launch, sail out and back, without assistance and with confidence and efficiency.

**Force 3 (Advanced):** Experienced sailors will learn to sharpen their sailing skills. Lesson will be given on fine tuning a boat for speed, skippering, spinnakers, and racing. This group of sailors will perform drills that will enhance their understanding of boat speed and small boat racing.

**Big Boat Sailors:**

Sailors in this group will discover all things related to big boats! We will teach the basics of sailing but will also cover details of crewing on or owning a large boat (30+ feet) - everything from working the head to steering with a wheel versus a tiller and maneuvering in and out of the dock. All skill levels are welcome.

Briefly describe your sailing experience and what you hope to gain at camp:

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Do you have special dietary needs? Yes \_\_\_\_\_ No \_\_\_\_\_

(Details)\_\_\_\_\_

Do you have any allergies, medical conditions, or special needs of which we need to be aware?

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Do you mind sharing a bed? \_\_\_ Yes \_\_\_ No

If you have a choice for a roommate, please give her name: \_\_\_\_\_

Shirt size (Check one) Small\_\_\_\_ Med.\_\_\_\_ Large\_\_\_\_ X-Large\_\_\_\_ XX –Large\_\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_

**Deadline** for camp application and camp deposit is **May 1, 2019**.

**Costs:**

\_\_\_\_\_ **HYC Member \$550.00 Deposit required of \$250. (If club charge, member number \_\_\_\_\_) \*\***

\_\_\_\_\_ **Non-HYC Member \$700.00 Deposit required of \$300. \*\***

Camp costs include room and board, camp shirt, instruction, boat usage and closing banquet.

**NOTE:** Campers are responsible for their own adult beverages and incidental expenses not covered by the camp fee. All non-HYC campers are asked to open a temporary HYC account for this purpose. Campers are expected to furnish their own U.S. Coast Guard approved Personal Flotation Device. Campers will be provided a detailed list of what to bring at a later date.

Make checks to **Windward Bound Camp. The remaining balance is due May 15, 2019.**

Please mail this application with your deposit to:

**HYC Windward Bound Camp  
P.O. Box 1276  
La Porte, Texas 77572**

**Cancellation Terms**

Absolutely no deposit refunds for cancellations made after **May 17, 2019**. We will however, refund fully the amount paid by any camper who is not accepted due to space limitations.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*\*\$50 discount will be applied if full payment is received by March 15, 2019.

## Windward Bound Sailing Camp Release and Hold Harmless Agreement

In consideration of the Houston Yacht Club conducting a summer camp for women which will be operated and directed by volunteers from the membership of the Club, and in further consideration of the charge for each woman being a nominal amount designed to cover actual anticipated operating expenses, and in further consideration of the fact that the Club and various members are providing sailboats to be used by the women for sailing instruction without charge, ***I do hereby agree to release and hold harmless and agree to protect and defend the Houston Yacht Club, its members, agents, servants, and employees of, from and against all liability for any injuries or illness which I may sustain while enrolled at the summer camp, whether caused by sole or joint negligence of me or any other person hereby released. For the same consideration, I do further agree to defend, indemnify and hold harmless the Houston Yacht Club, its members, agents, servants, and employees for any loss or damage to any boats or other equipment being used in connection with the summer camp if said loss or damages are caused or contributed to by me.*** I ACKNOWLEDGE THAT I AM PARTICIPATING IN THIS SUMMER CAMP VOLUNTARILY AND OF MY OWN ACCORD AND AGREE TO ASSUME ANY LIABILITY FOR MY OWN BEHAVIOR, INJURIES, DAMAGES OR LIABILITY. I understand that any insurance coverage for damage to the borrowed boats used for instruction during the camp includes a \$100.00 deductible which I agree to pay if I am found to be responsible. I agree that the decision of the Board of Trustees of the Houston Yacht Club shall be final and binding upon all parties in regard to the cause of any such loss or damage.

Camper Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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Camper Signature: \_\_\_\_\_

Date: \_\_\_\_\_

