

Preparatory Signal 13:00:00

Course: 7

Nautical miles: 6.85

## ATTACHMENT A

Page: 1 of 2

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
274	0	0.0	17:00:00	228	5	15.1	13:05:15	182	10	30.2	13:10:30
273	0	6.9	13:00:06	227	5	22.0	13:05:21	181	10	37.1	13:10:37
272	0	13.7	13:00:13	226	5	28.8	13:05:28	180	10	43.9	13:10:43
271	0	20.6	13:00:20	225	5	35.7	13:05:35	179	10	50.8	13:10:50
270	0	27.4	13:00:27	224	5	42.5	13:05:42	178	10	57.6	13:10:57
269	0	34.3	13:00:34	223	5	49.4	13:05:49	177	11	4.4	13:11:04
268	0	41.1	13:00:41	222	5	56.2	13:05:56	176	11	11.3	13:11:11
267	0	48.0	13:00:47	221	6	3.0	13:06:03	175	11	18.2	13:11:18
266	0	54.8	13:00:54	220	6	9.9	13:06:09	174	11	25.0	13:11:25
265	1	1.7	13:01:01	219	6	16.8	13:06:16	173	11	31.8	13:11:31
264	1	8.5	13:01:08	218	6	23.6	13:06:23	172	11	38.7	13:11:38
263	1	15.4	13:01:15	217	6	30.5	13:06:30	171	11	45.5	13:11:45
262	1	22.2	13:01:22	216	6	37.3	13:06:37	170	11	52.4	13:11:52
261	1	29.1	13:01:29	215	6	44.2	13:06:44	169	11	59.3	13:11:59
260	1	35.9	13:01:35	214	6	51.0	13:06:51	168	12	6.1	13:12:06
259	1	42.8	13:01:42	213	6	57.9	13:06:57	167	12	12.9	13:12:12
258	1	49.6	13:01:49	212	7	4.7	13:07:04	166	12	19.8	13:12:19
257	1	56.5	13:01:56	211	7	11.5	13:07:11	165	12	26.7	13:12:26
256	2	3.3	13:02:03	210	7	18.4	13:07:18	164	12	33.5	13:12:33
255	2	10.2	13:02:10	209	7	25.3	13:07:25	163	12	40.3	13:12:40
254	2	17.0	13:02:17	208	7	32.1	13:07:32	162	12	47.2	13:12:47
253	2	23.9	13:02:23	207	7	39.0	13:07:38	161	12	54.1	13:12:54
252	2	30.7	13:02:30	206	7	45.8	13:07:45	160	13	0.9	13:13:00
251	2	37.6	13:02:37	205	7	52.7	13:07:52	159	13	7.7	13:13:07
250	2	44.4	13:02:44	204	7	59.5	13:07:59	158	13	14.6	13:13:14
249	2	51.3	13:02:51	203	8	6.3	13:08:06	157	13	21.4	13:13:21
248	2	58.1	13:02:58	202	8	13.2	13:08:13	156	13	28.3	13:13:28
247	3	5.0	13:03:04	201	8	20.1	13:08:20	155	13	35.2	13:13:35
246	3	11.8	13:03:11	200	8	26.9	13:08:26	154	13	42.0	13:13:42
245	3	18.7	13:03:18	199	8	33.8	13:08:33	153	13	48.8	13:13:48
244	3	25.5	13:03:25	198	8	40.6	13:08:40	152	13	55.7	13:13:55
243	3	32.4	13:03:32	197	8	47.4	13:08:47	151	14	2.5	13:14:02
242	3	39.2	13:03:39	196	8	54.3	13:08:54	150	14	9.4	13:14:09
241	3	46.1	13:03:46	195	9	1.2	13:09:01	149	14	16.3	13:14:16
240	3	52.9	13:03:52	194	9	8.0	13:09:08	148	14	23.1	13:14:23
239	3	59.8	13:03:59	193	9	14.9	13:09:14	147	14	29.9	13:14:29
238	4	6.6	13:04:06	192	9	21.7	13:09:21	146	14	36.8	13:14:36
237	4	13.5	13:04:13	191	9	28.5	13:09:28	145	14	43.6	13:14:43
236	4	20.3	13:04:20	190	9	35.4	13:09:35	144	14	50.5	13:14:50
235	4	27.2	13:04:27	189	9	42.3	13:09:42	143	14	57.4	13:14:57
234	4	34.0	13:04:34	188	9	49.1	13:09:49	142	15	4.2	13:15:04
233	4	40.9	13:04:40	187	9	56.0	13:09:55	141	15	11.1	13:15:11
232	4	47.7	13:04:47	186	10	2.8	13:10:02	140	15	17.9	13:15:17
231	4	54.6	13:04:54	185	10	9.6	13:10:09	139	15	24.8	13:15:24
230	5	1.4	13:05:01	184	10	16.5	13:10:16	138	15	31.6	13:15:31
229	5	8.3	13:05:08	183	10	23.4	13:10:23	137	15	38.4	13:15:38

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
136	15	45.3	13:15:45	89	21	7.3	13:21:07	42	26	29.2	13:26:29
135	15	52.2	13:15:52	88	21	14.1	13:21:14	41	26	36.1	13:26:36
134	15	59.0	13:15:59	87	21	21.0	13:21:20	40	26	42.9	13:26:42
133	16	5.9	13:16:05	86	21	27.8	13:21:27	39	26	49.7	13:26:49
132	16	12.7	13:16:12	85	21	34.6	13:21:34	38	26	56.6	13:26:56
131	16	19.5	13:16:19	84	21	41.5	13:21:41	37	27	3.4	13:27:03
130	16	26.4	13:16:26	83	21	48.3	13:21:48	36	27	10.3	13:27:10
129	16	33.3	13:16:33	82	21	55.2	13:21:55	35	27	17.2	13:27:17
128	16	40.1	13:16:40	81	22	2.1	13:22:02	34	27	24.0	13:27:24
127	16	46.9	13:16:46	80	22	8.9	13:22:08	33	27	30.8	13:27:30
126	16	53.8	13:16:53	79	22	15.8	13:22:15	32	27	37.7	13:27:37
125	17	0.7	13:17:00	78	22	22.6	13:22:22	31	27	44.6	13:27:44
124	17	7.5	13:17:07	77	22	29.4	13:22:29	30	27	51.4	13:27:51
123	17	14.4	13:17:14	76	22	36.3	13:22:36	29	27	58.3	13:27:58
122	17	21.2	13:17:21	75	22	43.1	13:22:43	28	28	5.1	13:28:05
121	17	28.0	13:17:28	74	22	50.0	13:22:50				
120	17	34.9	13:17:34	73	22	56.8	13:22:56				
119	17	41.8	13:17:41	72	23	3.7	13:23:03				
118	17	48.6	13:17:48	71	23	10.6	13:23:10				
117	17	55.5	13:17:55	70	23	17.4	13:23:17				
116	18	2.3	13:18:02	69	23	24.2	13:23:24				
115	18	9.1	13:18:09	68	23	31.1	13:23:31				
114	18	16.0	13:18:16	67	23	37.9	13:23:37				
113	18	22.8	13:18:22	66	23	44.8	13:23:44				
112	18	29.7	13:18:29	65	23	51.6	13:23:51				
111	18	36.6	13:18:36	64	23	58.5	13:23:58				
110	18	43.4	13:18:43	63	24	5.3	13:24:05				
109	18	50.2	13:18:50	62	24	12.2	13:24:12				
108	18	57.1	13:18:57	61	24	19.0	13:24:19				
107	19	4.0	13:19:03	60	24	25.9	13:24:25				
106	19	10.8	13:19:10	59	24	32.8	13:24:32				
105	19	17.6	13:19:17	58	24	39.6	13:24:39				
104	19	24.5	13:19:24	57	24	46.4	13:24:46				
103	19	31.3	13:19:31	56	24	53.3	13:24:53				
102	19	38.2	13:19:38	55	25	0.1	13:25:00				
101	19	45.1	13:19:45	54	25	7.0	13:25:07				
100	19	51.9	13:19:51	53	25	13.9	13:25:13				
99	19	58.8	13:19:58	52	25	20.7	13:25:20				
98	20	5.6	13:20:05	51	25	27.5	13:25:27				
97	20	12.5	13:20:12	50	25	34.4	13:25:34				
96	20	19.3	13:20:19	49	25	41.3	13:25:41				
95	20	26.1	13:20:26	48	25	48.1	13:25:48				
94	20	33.0	13:20:33	47	25	54.9	13:25:54				
93	20	39.9	13:20:39	46	26	1.8	13:26:01				
92	20	46.7	13:20:46	45	26	8.6	13:26:08				
91	20	53.5	13:20:53	44	26	15.5	13:26:15				
90	21	0.4	13:21:00	43	26	22.3	13:26:22				

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
274	0	0.0	13:00:00	228	6	26.4	13:06:26	182	12	52.8	13:12:52
273	0	8.4	13:00:08	227	6	34.8	13:06:34	181	13	1.2	13:13:01
272	0	16.8	13:00:16	226	6	43.2	13:06:43	180	13	9.6	13:13:09
271	0	25.2	13:00:25	225	6	51.6	13:06:51	179	13	18.0	13:13:18
270	0	33.6	13:00:33	224	7	0.0	13:07:00	178	13	26.4	13:13:26
269	0	42.0	13:00:42	223	7	8.4	13:07:08	177	13	34.8	13:13:34
268	0	50.4	13:00:50	222	7	16.8	13:07:16	176	13	43.2	13:13:43
267	0	58.8	13:00:58	221	7	25.2	13:07:25	175	13	51.6	13:13:51
266	1	7.2	13:01:07	220	7	33.6	13:07:33	174	14	0.0	13:14:00
265	1	15.6	13:01:15	219	7	42.0	13:07:42	173	14	8.4	13:14:08
264	1	24.0	13:01:24	218	7	50.4	13:07:50	172	14	16.8	13:14:16
263	1	32.4	13:01:32	217	7	58.8	13:07:58	171	14	25.2	13:14:25
262	1	40.8	13:01:40	216	8	7.2	13:08:07	170	14	33.6	13:14:33
261	1	49.2	13:01:49	215	8	15.6	13:08:15	169	14	42.0	13:14:42
260	1	57.6	13:01:57	214	8	24.0	13:08:24	168	14	50.4	13:14:50
259	2	6.0	13:02:06	213	8	32.4	13:08:32	167	14	58.8	13:14:58
258	2	14.4	13:02:14	212	8	40.8	13:08:40	166	15	7.2	13:15:07
257	2	22.8	13:02:22	211	8	49.2	13:08:49	165	15	15.6	13:15:15
256	2	31.2	13:02:31	210	8	57.6	13:08:57	164	15	24.0	13:15:24
255	2	39.6	13:02:39	209	9	6.0	13:09:06	163	15	32.4	13:15:32
254	2	48.0	13:02:48	208	9	14.4	13:09:14	162	15	40.8	13:15:40
253	2	56.4	13:02:56	207	9	22.8	13:09:22	161	15	49.2	13:15:49
252	3	4.8	13:03:04	206	9	31.2	13:09:31	160	15	57.6	13:15:57
251	3	13.2	13:03:13	205	9	39.6	13:09:39	159	16	6.0	13:16:06
250	3	21.6	13:03:21	204	9	48.0	13:09:48	158	16	14.4	13:16:14
249	3	30.0	13:03:30	203	9	56.4	13:09:56	157	16	22.8	13:16:22
248	3	38.4	13:03:38	202	10	4.8	13:10:04	156	16	31.2	13:16:31
247	3	46.8	13:03:46	201	10	13.2	13:10:13	155	16	39.6	13:16:39
246	3	55.2	13:03:55	200	10	21.6	13:10:21	154	16	48.0	13:16:48
245	4	3.6	13:04:03	199	10	30.0	13:10:30	153	16	56.4	13:16:56
244	4	12.0	13:04:12	198	10	38.4	13:10:38	152	17	4.8	13:17:04
243	4	20.4	13:04:20	197	10	46.8	13:10:46	151	17	13.2	13:17:13
242	4	28.8	13:04:28	196	10	55.2	13:10:55	150	17	21.6	13:17:21
241	4	37.2	13:04:37	195	11	3.6	13:11:03	149	17	30.0	13:17:30
240	4	45.6	13:04:45	194	11	12.0	13:11:12	148	17	38.4	13:17:38
239	4	54.0	13:04:54	193	11	20.4	13:11:20	147	17	46.8	13:17:46
238	5	2.4	13:05:02	192	11	28.8	13:11:28	146	17	55.2	13:17:55
237	5	10.8	13:05:10	191	11	37.2	13:11:37	145	18	3.6	13:18:03
236	5	19.2	13:05:19	190	11	45.6	13:11:45	144	18	12.0	13:18:12
235	5	27.6	13:05:27	189	11	54.0	13:11:54	143	18	20.4	13:18:20
234	5	36.0	13:05:36	188	12	2.4	13:12:02	142	18	28.8	13:18:28
233	5	44.4	13:05:44	187	12	10.8	13:12:10	141	18	37.2	13:18:37
232	5	52.8	13:05:52	186	12	19.2	13:12:19	140	18	45.6	13:18:45
231	6	1.2	13:06:01	185	12	27.6	13:12:27	139	18	54.0	13:18:54
230	6	9.6	13:06:09	184	12	36.0	13:12:36	138	19	2.4	13:19:02
229	6	18.0	13:06:18	183	12	44.4	13:12:44	137	19	10.8	13:19:10

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
136	19	19.2	13:19:19	89	25	54.0	13:25:54	42	32	28.8	13:32:28
135	19	27.6	13:19:27	88	26	2.4	13:26:02	41	32	37.2	13:32:37
134	19	36.0	13:19:36	87	26	10.8	13:26:10	40	32	45.6	13:32:45
133	19	44.4	13:19:44	86	26	19.2	13:26:19	39	32	54.0	13:32:54
132	19	52.8	13:19:52	85	26	27.6	13:26:27	38	33	2.4	13:33:02
131	20	1.2	13:20:01	84	26	36.0	13:26:36	37	33	10.8	13:33:10
130	20	9.6	13:20:09	83	26	44.4	13:26:44	36	33	19.2	13:33:19
129	20	18.0	13:20:18	82	26	52.8	13:26:52	35	33	27.6	13:33:27
128	20	26.4	13:20:26	81	27	1.2	13:27:01	34	33	36.0	13:33:36
127	20	34.8	13:20:34	80	27	9.6	13:27:09	33	33	44.4	13:33:44
126	20	43.2	13:20:43	79	27	18.0	13:27:18	32	33	52.8	13:33:52
125	20	51.6	13:20:51	78	27	26.4	13:27:26	31	34	1.2	13:34:01
124	21	0.0	13:21:00	77	27	34.8	13:27:34	30	34	9.6	13:34:09
123	21	8.4	13:21:08	76	27	43.2	13:27:43	29	34	18.0	13:34:18
122	21	16.8	13:21:16	75	27	51.6	13:27:51	28	34	26.4	13:34:26
121	21	25.2	13:21:25	74	28	0.0	13:28:00				
120	21	33.6	13:21:33	73	28	8.4	13:28:08				
119	21	42.0	13:21:42	72	28	16.8	13:28:16				
118	21	50.4	13:21:50	71	28	25.2	13:28:25				
117	21	58.8	13:21:58	70	28	33.6	13:28:33				
116	22	7.2	13:22:07	69	28	42.0	13:28:42				
115	22	15.6	13:22:15	68	28	50.4	13:28:50				
114	22	24.0	13:22:24	67	28	58.8	13:28:58				
113	22	32.4	13:22:32	66	29	7.2	13:29:07				
112	22	40.8	13:22:40	65	29	15.6	13:29:15				
111	22	49.2	13:22:49	64	29	24.0	13:29:24				
110	22	57.6	13:22:57	63	29	32.4	13:29:32				
109	23	6.0	13:23:06	62	29	40.8	13:29:40				
108	23	14.4	13:23:14	61	29	49.2	13:29:49				
107	23	22.8	13:23:22	60	29	57.6	13:29:57				
106	23	31.2	13:23:31	59	30	6.0	13:30:06				
105	23	39.6	13:23:39	58	30	14.4	13:30:14				
104	23	48.0	13:23:48	57	30	22.8	13:30:22				
103	23	56.4	13:23:56	56	30	31.2	13:30:31				
102	24	4.8	13:24:04	55	30	39.6	13:30:39				
101	24	13.2	13:24:13	54	30	48.0	13:30:48				
100	24	21.6	13:24:21	53	30	56.4	13:30:56				
99	24	30.0	13:24:30	52	31	4.8	13:31:04				
98	24	38.4	13:24:38	51	31	13.2	13:31:13				
97	24	46.8	13:24:46	50	31	21.6	13:31:21				
96	24	55.2	13:24:55	49	31	30.0	13:31:30				
95	25	3.6	13:25:03	48	31	38.4	13:31:38				
94	25	12.0	13:25:12	47	31	46.8	13:31:46				
93	25	20.4	13:25:20	46	31	55.2	13:31:55				
92	25	28.8	13:25:28	45	32	3.6	13:32:03				
91	25	37.2	13:25:37	44	32	12.0	13:32:12				
90	25	45.6	13:25:45	43	32	20.4	13:32:20				

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
274	0	0.0	17:00:00	228	9	12.0	13:09:12	182	18	24.0	13:18:24
273	0	12.0	13:00:12	227	9	24.0	13:09:24	181	18	36.0	13:18:36
272	0	24.0	13:00:24	226	9	36.0	13:09:36	180	18	48.0	13:18:48
271	0	36.0	13:00:36	225	9	48.0	13:09:48	179	19	0.0	13:19:00
270	0	48.0	13:00:48	224	10	0.0	13:10:00	178	19	12.0	13:19:12
269	1	0.0	13:01:00	223	10	12.0	13:10:12	177	19	24.0	13:19:24
268	1	12.0	13:01:12	222	10	24.0	13:10:24	176	19	36.0	13:19:36
267	1	24.0	13:01:24	221	10	36.0	13:10:36	175	19	48.0	13:19:48
266	1	36.0	13:01:36	220	10	48.0	13:10:48	174	20	0.0	13:20:00
265	1	48.0	13:01:48	219	11	0.0	13:11:00	173	20	12.0	13:20:12
264	2	0.0	13:02:00	218	11	12.0	13:11:12	172	20	24.0	13:20:24
263	2	12.0	13:02:12	217	11	24.0	13:11:24	171	20	36.0	13:20:36
262	2	24.0	13:02:24	216	11	36.0	13:11:36	170	20	48.0	13:20:48
261	2	36.0	13:02:36	215	11	48.0	13:11:48	169	21	0.0	13:21:00
260	2	48.0	13:02:48	214	12	0.0	13:12:00	168	21	12.0	13:21:12
259	3	0.0	13:03:00	213	12	12.0	13:12:12	167	21	24.0	13:21:24
258	3	12.0	13:03:12	212	12	24.0	13:12:24	166	21	36.0	13:21:36
257	3	24.0	13:03:24	211	12	36.0	13:12:36	165	21	48.0	13:21:48
256	3	36.0	13:03:36	210	12	48.0	13:12:48	164	22	0.0	13:22:00
255	3	48.0	13:03:48	209	13	0.0	13:13:00	163	22	12.0	13:22:12
254	4	0.0	13:04:00	208	13	12.0	13:13:12	162	22	24.0	13:22:24
253	4	12.0	13:04:12	207	13	24.0	13:13:24	161	22	36.0	13:22:36
252	4	24.0	13:04:24	206	13	36.0	13:13:36	160	22	48.0	13:22:48
251	4	36.0	13:04:36	205	13	48.0	13:13:48	159	23	0.0	13:23:00
250	4	48.0	13:04:48	204	14	0.0	13:14:00	158	23	12.0	13:23:12
249	5	0.0	13:05:00	203	14	12.0	13:14:12	157	23	24.0	13:23:24
248	5	12.0	13:05:12	202	14	24.0	13:14:24	156	23	36.0	13:23:36
247	5	24.0	13:05:24	201	14	36.0	13:14:36	155	23	48.0	13:23:48
246	5	36.0	13:05:36	200	14	48.0	13:14:48	154	24	0.0	13:24:00
245	5	48.0	13:05:48	199	15	0.0	13:15:00	153	24	12.0	13:24:12
244	6	0.0	13:06:00	198	15	12.0	13:15:12	152	24	24.0	13:24:24
243	6	12.0	13:06:12	197	15	24.0	13:15:24	151	24	36.0	13:24:36
242	6	24.0	13:06:24	196	15	36.0	13:15:36	150	24	48.0	13:24:48
241	6	36.0	13:06:36	195	15	48.0	13:15:48	149	25	0.0	13:25:00
240	6	48.0	13:06:48	194	16	0.0	13:16:00	148	25	12.0	13:25:12
239	7	0.0	13:07:00	193	16	12.0	13:16:12	147	25	24.0	13:25:24
238	7	12.0	13:07:12	192	16	24.0	13:16:24	146	25	36.0	13:25:36
237	7	24.0	13:07:24	191	16	36.0	13:16:36	145	25	48.0	13:25:48
236	7	36.0	13:07:36	190	16	48.0	13:16:48	144	26	0.0	13:26:00
235	7	48.0	13:07:48	189	17	0.0	13:17:00	143	26	12.0	13:26:12
234	8	0.0	13:08:00	188	17	12.0	13:17:12	142	26	24.0	13:26:24
233	8	12.0	13:08:12	187	17	24.0	13:17:24	141	26	36.0	13:26:36
232	8	24.0	13:08:24	186	17	36.0	13:17:36	140	26	48.0	13:26:48
231	8	36.0	13:08:36	185	17	48.0	13:17:48	139	27	0.0	13:27:00
230	8	48.0	13:08:48	184	18	0.0	13:18:00	138	27	12.0	13:27:12
229	9	0.0	13:09:00	183	18	12.0	13:18:12	137	27	24.0	13:27:24

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
136	27	36.0	13:27:36	89	37	0.0	13:37:00	42	46	24.0	13:46:24
135	27	48.0	13:27:48	88	37	12.0	13:37:12	41	46	36.0	13:46:36
134	28	0.0	13:28:00	87	37	24.0	13:37:24	40	46	48.0	13:46:48
133	28	12.0	13:28:12	86	37	36.0	13:37:36	39	47	0.0	13:47:00
132	28	24.0	13:28:24	85	37	48.0	13:37:48	38	47	12.0	13:47:12
131	28	36.0	13:28:36	84	38	0.0	13:38:00	37	47	24.0	13:47:24
130	28	48.0	13:28:48	83	38	12.0	13:38:12	36	47	36.0	13:47:36
129	29	0.0	13:29:00	82	38	24.0	13:38:24	35	47	48.0	13:47:48
128	29	12.0	13:29:12	81	38	36.0	13:38:36	34	48	0.0	13:48:00
127	29	24.0	13:29:24	80	38	48.0	13:38:48	33	48	12.0	13:48:12
126	29	36.0	13:29:36	79	39	0.0	13:39:00	32	48	24.0	13:48:24
125	29	48.0	13:29:48	78	39	12.0	13:39:12	31	48	36.0	13:48:36
124	30	0.0	13:30:00	77	39	24.0	13:39:24	30	48	48.0	13:48:48
123	30	12.0	13:30:12	76	39	36.0	13:39:36	29	49	0.0	13:49:00
122	30	24.0	13:30:24	75	39	48.0	13:39:48	28	49	12.0	13:49:12
121	30	36.0	13:30:36	74	40	0.0	13:40:00				
120	30	48.0	13:30:48	73	40	12.0	13:40:12				
119	31	0.0	13:31:00	72	40	24.0	13:40:24				
118	31	12.0	13:31:12	71	40	36.0	13:40:36				
117	31	24.0	13:31:24	70	40	48.0	13:40:48				
116	31	36.0	13:31:36	69	41	0.0	13:41:00				
115	31	48.0	13:31:48	68	41	12.0	13:41:12				
114	32	0.0	13:32:00	67	41	24.0	13:41:24				
113	32	12.0	13:32:12	66	41	36.0	13:41:36				
112	32	24.0	13:32:24	65	41	48.0	13:41:48				
111	32	36.0	13:32:36	64	42	0.0	13:42:00				
110	32	48.0	13:32:48	63	42	12.0	13:42:12				
109	33	0.0	13:33:00	62	42	24.0	13:42:24				
108	33	12.0	13:33:12	61	42	36.0	13:42:36				
107	33	24.0	13:33:24	60	42	48.0	13:42:48				
106	33	36.0	13:33:36	59	43	0.0	13:43:00				
105	33	48.0	13:33:48	58	43	12.0	13:43:12				
104	34	0.0	13:34:00	57	43	24.0	13:43:24				
103	34	12.0	13:34:12	56	43	36.0	13:43:36				
102	34	24.0	13:34:24	55	43	48.0	13:43:48				
101	34	36.0	13:34:36	54	44	0.0	13:44:00				
100	34	48.0	13:34:48	53	44	12.0	13:44:12				
99	35	0.0	13:35:00	52	44	24.0	13:44:24				
98	35	12.0	13:35:12	51	44	36.0	13:44:36				
97	35	24.0	13:35:24	50	44	48.0	13:44:48				
96	35	36.0	13:35:36	49	45	0.0	13:45:00				
95	35	48.0	13:35:48	48	45	12.0	13:45:12				
94	36	0.0	13:36:00	47	45	24.0	13:45:24				
93	36	12.0	13:36:12	46	45	36.0	13:45:36				
92	36	24.0	13:36:24	45	45	48.0	13:45:48				
91	36	36.0	13:36:36	44	46	0.0	13:46:00				
90	36	48.0	13:36:48	43	46	12.0	13:46:12				

PHRF	Min	Sec	Start	PHRF	Min	Sec	Start	PHRF	Min	Sec	Start
274	0	0.0	17:00:00	228	10	25.6	13:10:25	182	20	51.2	13:20:51
273	0	13.6	13:00:13	227	10	39.2	13:10:39	181	21	4.8	13:21:04
272	0	27.2	13:00:27	226	10	52.8	13:10:52	180	21	18.4	13:21:18
271	0	40.8	13:00:40	225	11	6.4	13:11:06	179	21	32.0	13:21:32
270	0	54.4	13:00:54	224	11	20.0	13:11:20	178	21	45.6	13:21:45
269	1	8.0	13:01:08	223	11	33.6	13:11:33	177	21	59.2	13:21:59
268	1	21.6	13:01:21	222	11	47.2	13:11:47	176	22	12.8	13:22:12
267	1	35.2	13:01:35	221	12	0.8	13:12:00	175	22	26.4	13:22:26
266	1	48.8	13:01:48	220	12	14.4	13:12:14	174	22	40.0	13:22:40
265	2	2.4	13:02:02	219	12	28.0	13:12:28	173	22	53.6	13:22:53
264	2	16.0	13:02:16	218	12	41.6	13:12:41	172	23	7.2	13:23:07
263	2	29.6	13:02:29	217	12	55.2	13:12:55	171	23	20.8	13:23:20
262	2	43.2	13:02:43	216	13	8.8	13:13:08	170	23	34.4	13:23:34
261	2	56.8	13:02:56	215	13	22.4	13:13:22	169	23	48.0	13:23:48
260	3	10.4	13:03:10	214	13	36.0	13:13:36	168	24	1.6	13:24:01
259	3	24.0	13:03:24	213	13	49.6	13:13:49	167	24	15.2	13:24:15
258	3	37.6	13:03:37	212	14	3.2	13:14:03	166	24	28.8	13:24:28
257	3	51.2	13:03:51	211	14	16.8	13:14:16	165	24	42.4	13:24:42
256	4	4.8	13:04:04	210	14	30.4	13:14:30	164	24	56.0	13:24:56
255	4	18.4	13:04:18	209	14	44.0	13:14:44	163	25	9.6	13:25:09
254	4	32.0	13:04:32	208	14	57.6	13:14:57	162	25	23.2	13:25:23
253	4	45.6	13:04:45	207	15	11.2	13:15:11	161	25	36.8	13:25:36
252	4	59.2	13:04:59	206	15	24.8	13:15:24	160	25	50.4	13:25:50
251	5	12.8	13:05:12	205	15	38.4	13:15:38	159	26	4.0	13:26:04
250	5	26.4	13:05:26	204	15	52.0	13:15:52	158	26	17.6	13:26:17
249	5	40.0	13:05:40	203	16	5.6	13:16:05	157	26	31.2	13:26:31
248	5	53.6	13:05:53	202	16	19.2	13:16:19	156	26	44.8	13:26:44
247	6	7.2	13:06:07	201	16	32.8	13:16:32	155	26	58.4	13:26:58
246	6	20.8	13:06:20	200	16	46.4	13:16:46	154	27	12.0	13:27:12
245	6	34.4	13:06:34	199	17	0.0	13:17:00	153	27	25.6	13:27:25
244	6	48.0	13:06:48	198	17	13.6	13:17:13	152	27	39.2	13:27:39
243	7	1.6	13:07:01	197	17	27.2	13:17:27	151	27	52.8	13:27:52
242	7	15.2	13:07:15	196	17	40.8	13:17:40	150	28	6.4	13:28:06
241	7	28.8	13:07:28	195	17	54.4	13:17:54	149	28	20.0	13:28:20
240	7	42.4	13:07:42	194	18	8.0	13:18:08	148	28	33.6	13:28:33
239	7	56.0	13:07:56	193	18	21.6	13:18:21	147	28	47.2	13:28:47
238	8	9.6	13:08:09	192	18	35.2	13:18:35	146	29	0.8	13:29:00
237	8	23.2	13:08:23	191	18	48.8	13:18:48	145	29	14.4	13:29:14
236	8	36.8	13:08:36	190	19	2.4	13:19:02	144	29	28.0	13:29:28
235	8	50.4	13:08:50	189	19	16.0	13:19:16	143	29	41.6	13:29:41
234	9	4.0	13:09:04	188	19	29.6	13:19:29	142	29	55.2	13:29:55
233	9	17.6	13:09:17	187	19	43.2	13:19:43	141	30	8.8	13:30:08
232	9	31.2	13:09:31	186	19	56.8	13:19:56	140	30	22.4	13:30:22
231	9	44.8	13:09:44	185	20	10.4	13:20:10	139	30	36.0	13:30:36
230	9	58.4	13:09:58	184	20	24.0	13:20:24	138	30	49.6	13:30:49
229	10	12.0	13:10:12	183	20	37.6	13:20:37	137	31	3.2	13:31:03