

# Windward Bound Sailing Camp for Women Promoting the Joy of Sailing Among Women

# Houston Yacht Club June 5-8. 2024

Windward Bound Sailing Camp is an opportunity to learn, expand, and enhance your knowledge and skills in sailing. Instructors are accomplished women sailors with years of experience in cruising, racing, and teaching other women to sail.

Windward Bound Camp is held at the Houston Yacht Club, the oldest yacht club in Texas, known throughout the country for its award-winning youth sailing program, experienced race management, and hospitality. The camp format for 2024 will be an overnight camp. The Camp will be objective-oriented and will feature small group instruction with individualized attention. Lodging will be provided via hotel rooms at HYC and at HYC members' homes.

Name				
Address				
City & State			Zip	
Primary Phone		E-Mail		
HYC Member (Y/N) _	Member #	Other Club Affiliation (Optional)		

## Please circle which camp level is right for you!

<u>Force 1 (Beginners):</u> Great for first-time sailors or those sailors that need a refresher on the basics. We will focus on terminology, rigging, boat handling skills, sailing theory, and becoming comfortable and confident on the water. Our enthusiastic instructors guide sailors through hands on lessons and adventures making time on the water enjoyable and safe.

Force 2 (Intermediate): After mastering the basics of sailing, this group will continue to sharpen their rigging, boat handling and terminology skills. In addition to becoming more comfortable with your beginner knowledge, you will also be introduced to detailed lessons on wind and waves and how they relate to your boat. Intermediate sailing is taught with a greater emphasis on the sailor's self-reliance; we expect that once the course is completed, the sailor can rig, launch, sail out and back, without assistance and with confidence and efficiency.

<u>Force 3 (Advanced):</u> Experienced sailors will learn to sharpen their sailing skills. Lessons will be given on fine tuning a boat for speed, skippering, spinnakers, and racing. This group of sailors will perform drills that will enhance their understanding of boat speed and small boat racing.

Briefly describe your sailing experience and what you hope to gain at camp.					
Do you have special dietary needs? Yes No					
(Details)					
Do you have any allergies, medical conditions, or special needs of which we need to be aware?					
Emergency Contact: Name Ph:					
Women's Shirt size: Small Med Large X-Large XX-Large					
Weight: Height:					
Age range: 21-30 31-45 46-59 60+					
Are you a repeat camper? Yes No How did you hear about camp?					
Are you attending the camp with someone? If so, what is her/their name(s) and what is the relationship?					
Lodging: All lodging for camp will be provided through Windward Bound Camp. Lodging will be in hotel rooms on the 3 <sup>rd</sup> floor of HYC and in members' homes which are adjacent to the club or barely off campus. Please state your preference for lodging location (on campus vs. member home) and your preference for roommate(s), if you have one. We will do our best to accommodate your request in the most ideal lodging location. Understand that we will likely prioritize having new campers on campus.  HYC hotel room Member home  Roommate Request: (list all below separated by commas)					
Camp Costs: Camp costs include: lodging Wednesday, Thursday, Friday, dinner Wednesday, breakfast, lunch and dinner Thursday and Friday, breakfast, lunch and hors d'oeuvres Saturday, camp shirt, name badge, textbook, instruction, boat usage and other miscellaneous supplies.					
HYC Member \$625.00 Deposit required of \$325. (If Club charge, Member #)					
Non-HYC Member \$725.00 Deposit required of \$350. (If Reciprocal club charge, Member #)					

Deposit due no later than February 15, 2024. Final Payment due no later than May 5, 2024.

Please note: We expect the camp to fill very quickly. Please make your deposit payment as soon as possible. Your application is not complete until payment of deposit is received.

### Forms of payment accepted:

- Checks made payable to Windward Bound Camp
- Credit card charge call HYC at (281) 471-1255 to complete charge and set up guest account (for non members)
- HYC membership charge
- Member charge at reciprocal yacht club

### Mail or email this application and mail your deposit payment to:

Windward Bound Camp Treasurer The Houston Yacht Club 3620 Miramar Drive Shoracres, TX 77571

Email form to windwardboundcamp@gmail.com

**Cancellation Terms:** Cancellations received before April 1, 2024 will receive a full refund. Cancellations received between April 1st and May 5, 2024 will receive a refund of \$150. Cancellations received after May 5, 2024 will receive no refund.

#### NOTE:

- Campers are responsible for their own adult beverages and incidental expenses not covered by the camp fee.
- All non-HYC campers are REQUIRED to open a temporary HYC account at check-in.
- Campers are expected to furnish their own U.S. Coast Guard approved Personal Flotation Device. No CO2
   Cartridge inflatable types. Nonslip, non-marring, closed-toe boat shoes, sailing gloves (labeled), appropriate sailing clothes, foul weather gear or waterproof hoody windbreaker, inexpensive sunglasses with croakies (UV protection), bathing suit for optional after sail swim, and sunscreen are also required.

**Photography:** Please be advised that photographs will be taken at the camp for use on the HYC website and social media pages, in HYC marketing materials, and in internal club publications. By registering for this camp, you consent to the Houston Yacht Club photographing and using your image and likeness.

**Questions?** Contact Co-Directors, Denise Robinson and Susan Caradec, at <a href="windwardboundcamp@gmail.com">windwardboundcamp@gmail.com</a> with any questions.

Signature:	Date:	
Printed Name:		