



Windward Bound Sailing Day Camp for Women
Promoting the Joy of Sailing Among Women

Houston Yacht Club
June 2 - 4, 2022 Day Camp only

Windward Bound Sailing Camp is an opportunity to learn, expand, and enhance your knowledge and skills in sailing. Instructors are accomplished women sailors with years of experience in cruising, racing, and teaching other women to sail.

Windward Bound Camp is held at the Houston Yacht Club, the oldest yacht club in Texas, known throughout the country for its award-winning youth sailing program, experienced race management, and hospitality. The camp format for 2022 will be a day camp. The Day Camp will be objective-oriented and will feature small group instruction with individualized attention.

Name _____ Date of Birth _____ Age _____
 Address _____
 City & State _____ Zip _____
 Primary Phone _____ Secondary Phone _____
 E-Mail _____
 HYC Member _____ Member Number _____
 Non-Member _____ Other Club Affiliation (Optional) _____

Please submit a photo, which helps us get to know campers.

Please circle the camp level that is right for you:

Force 1 (Beginners): Great for first-time sailors or those sailors that need a refresher on the basics. We will focus on terminology, rigging, boat handling skills, sailing theory, and becoming comfortable and confident on the water. Our enthusiastic instructors guide sailors through hands on lessons and adventures making time on the water enjoyable and safe. Sail on 22 ft Ensigns and 14ft Sunfish

Force 2 (Intermediate): After mastering the basics of sailing, this group will continue to sharpen their rigging, boat handling and terminology skills. In addition to becoming more comfortable with your beginner knowledge, you will also be introduced to detailed lessons on wind and waves and how they relate to your boat. Intermediate sailing is taught with a greater emphasis on the sailor's self-reliance; we expect that once the course is completed, the sailor can rig, launch, sail out and back, without assistance and with confidence and efficiency. Sail on a J/22 (22ft) and 14 ft Sunfish

Force 3 (Advanced): Experienced sailors will learn to sharpen their sailing skills. Lessons will be given on fine tuning a boat for speed, skippering, spinnakers, and racing. This group of sailors will perform drills that will enhance their understanding of boat speed and small boat racing. Sail on a J/22 (22ft)

Big Boat Sailors: Sailors in this group will discover all things related to big boats! We will teach the basics of sailing but will also cover details of crewing on or owning a large boat (30+ feet) - everything from working the head to steering with a wheel versus a tiller and maneuvering in and out of the dock. All skill levels are welcome.

Briefly describe your sailing experience and what you hope to gain at camp.

Do you have special dietary needs? Yes No

(Details) _____

Do you have any allergies, medical conditions, or special needs of which we need to be aware?

Are you a repeat camper? Yes No How did you hear about camp? _____

Emergency Contact: Name _____ Ph: _____

Shirt size (Check one) Small Med. Large X-Large XX -Large

Weight: _____ Height: _____

Costs:

_____ **HYC Member \$550.00 Deposit required of \$350. (If club charge, member number _____)**

_____ **Non-HYC Member \$650.00 Deposit required of \$400. Make checks payable to Windward Bound Camp, Houston Yacht Club**

Deposit due March 15, 2022. Final Payment due May 1, 2022.

Please note: Space is very limited so please send your application as soon as possible.

Camp costs include: lunch, snacks, dinner Friday night, water/Gatorade each day, camp shirt, cap hat, name badge, text book, instruction, boat usage, camper goodie bag.

NOTE: (1) Campers are responsible for their own adult beverages and incidental expenses not covered by the camp fee. (2) All non-HYC campers are **REQUIRED** to open a temporary HYC account at check-in. (3) Campers are expected to furnish their own U.S. Coast Guard approved Personal Flotation Device. **No CO₂ Cartridge inflatable types.** Nonslip, non-marring, closed-toe boat shoes, sailing gloves (labeled), appropriate sailing clothes, foul weather gear or waterproof hooded windbreaker, inexpensive sunglasses with croakies (UV protection), bathing suit for optional after sail swim, and sunscreen are also required. **Questions? Madonna Breen [mbreen77346@gmail.com] and/or Lou Rosenfeld [anectar45@aol.com]. Make checks payable to: Windward Bound Camp, Houston Yacht Club. Deposit is due on or before March 15, 2022. The remaining balance is due on or before May 1, 2022.**

Please mail or email this application with your deposit to:

**Julie Mastroianni, Treasurer
HYC Windward Bound Camp
2335 South Blvd.
Houston, Texas 77098**

Cancellation Terms: No refunds of deposits or fee will be given for cancellations made after May 1, except for cancellation due to illness. Applicants on the waitlist, not accepted due to space limitations, will be refunded.

Signature: _____ Date: _____

**RELEASE OF LIABILITY, ASSUMPTION OF RISK AND HOLD
HARMLESS AGREEMENT**

Sailing involves the risk of injury and the risks range from minor injuries to major injuries, including death. I acknowledge that I am participating in The Houston Yacht Club's Windward Bound Sailing Camp ("Sailing Camp"), which is operated and directed by volunteers from the membership of the Houston Yacht Club, voluntarily and of my own accord. In consideration of being allowed to participate in the Sailing Camp, and in further consideration of the fact that the Houston Yacht Club and some of its members are providing sailboats to be used by the participants for sailing instruction without charge,

I, _____, EXECUTE THIS RELEASE OF LIABILITY, ASSUMPTION OF RISK AND HOLD HARMLESS AGREEMENT BINDING UPON ME AND MY HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES, AND ASSIGNS (HEREAFTER "MY HEIRS"), AND HEREBY RELEASE AND DISCHARGE AND AGREE TO PROTECT, DEFEND AND HOLD HARMLESS, THE HOUSTON YACHT CLUB, ITS OFFICERS, TRUSTEES, MEMBERS, AGENTS, REPRESENTATIVES AND EMPLOYEES (HEREAFTER "THE CLUB") FROM AND AGAINST ANY LIABILITY FOR ANY AND ALL CLAIMS, DEMANDS, COSTS, ACTIONS, CAUSES OF ACTION, JUDGEMENTS, OR DAMAGES ARISING OUT OF OR RESULTING FROM ANY PROPERTY DAMAGE, PERSONAL INJURY, ILLNESS OR DEATH SUSTAINED BY ME WHILE PARTICIPATING IN SAILING CAMP, REGARDLESS OF THE SOLE, JOINT OR CONCURRENT NEGLIGENCE, INCLUDING GROSS NEGLIGENCE, NEGLIGENCE PER SE, STRICT LIABILITY, REGULATORY OR STATUTORY LIABILITY, ACT, OMISSION, FAULT OR FAILURE TO ACT BY THE CLUB, WHILE I AM PARTICIPATING IN THE SAILING CAMP.

I FURTHER AGREE, BINDING UPON ME AND MY HEIRS, TO DEFEND, INDEMNIFY AND HOLD HARMLESS THE CLUB, FROM AND AGAINST ANY LIABILITY FOR ANY AND ALL CLAIMS, DEMANDS, COSTS, ACTIONS, CAUSES OF ACTION, JUDGEMENTS, OR DAMAGES ARISING OUT OF OR RESULTING FROM ANY PROPERTY DAMAGE, PERSONAL INJURY, ILLNESS OR DEATH SUSTAINED BY THE CLUB OR ANY INDIVIDUAL ARISING OUT OF OR RESULTING FROM ANY ACT OR OMISSION BY ME OR CAUSED IN WHOLE OR IN PART BY ME WHILE PARTICIPATING IN THE SAILING CAMP WHETHER OR NOT ALSO CAUSED IN PART BY A PERSON INDEMNIFIED HEREUNDER.

I understand that any insurance coverage for loss or damage to a borrowed boat used for instruction during the Sailing Camp requires a \$100.00 deductible which I agree to pay if I am found to be responsible for such loss or damage. I agree that the decision of the Board of Trustees of the Houston Yacht Club regarding responsibility for any such loss or damage to a borrowed boat shall be final and binding upon all parties.

Camp Participant Signature: _____

Printed Name: _____

Date: _____

